



CORNERSTONE AQUATICS CENTER

Our Mission

Cornerstone Aquatics Center provides West Hartford residents and the surrounding community with high-quality, affordable aquatic, fitness and recreational opportunities in a safe, well-maintained facility that enhances their quality of life year-round. The facility is Town-owned, and is operated by HealthFitness, Inc., a company with decades of experience managing fitness and aquatic centers. Our staff is passionate about helping you reach your fitness goals.



860-561-8270



55 Buena Vista Road, West Hartford, CT 06107



www.CornerstoneAquatics.org



Cornerstone@WestHartfordCT.gov



Monday-Friday 6:00 a.m.-9:00 p.m.
Saturday 7:30 a.m.-8:00 p.m.
Sunday 12:00-8:00 p.m.



Dive Right In!

Cornerstone offers a variety of affordable opportunities for fitness and instructional, recreational and competitive aquatic activities year-round.



Amenities

Competition Pool—25-yard lap pool with depths ranging from 4 ft. to 13 ft., heated to 78-80 degrees and two one-meter diving boards.

Recreation Pool—Three, 25-yard lanes, zero depth entry ramp and heated to 85-88 degrees.

Hydrotherapy Pool—Oversized spa heated to 102 degrees.

Fitness Room—With cardio and strength training equipment.

Fitness Studio—A variety of fitness classes and educational programming.

Locker Rooms—Men's, Women's, Family and ADA accessible.

OUR PROGRAMS

Be part of a community that focuses on health, wellness and active living! Cornerstone Aquatics Center's instructional programs offer something for every fitness enthusiast.



Group and Private Swim Lessons

Beginner, intermediate or advance skills for ages six months to adult.



Lifeguard Certification Classes

American Red Cross Lifeguard classes for ages 15 and up.



Competitive Youth Swim Team

Join our swim team that competes in a multi-town league.



Masters Swimming

Adult swim workouts for all skill levels that improve stroke and endurance.



Youth Diving Lessons

This program will teach your child the fundamentals of competitive diving.



SCUBA Diving

Want to learn to swim with the fish? Take SCUBA lessons with our certified SCUBA instructors.



Water Fitness Classes

Group classes, led by our certified instructors, are a great way to get a workout in a social environment. We offer a wide range of fitness sessions, including deep water, shallow water, low impact and aqua cycling.



Personal Training

Group and private sessions coming soon!



Family Fun Night

Join us every month for a night of games, activities and healthy snacks.



Birthday Pool Parties

Your dedicated party specialist helps make your big day a ton of fun. Each event also includes exclusive access to our party room.



Summer Day Camps

Our children's camps for ages 3-14 will make your summer vacation one to remember!



Studio Fitness Classes

Looking for a workout on land? We offer a variety of classes in our new Fitness Studio including yoga, yoga-pilates fusion and cardio kick-boxing.

Questions?

For current information on programs and services, visit our website at www.cornerstoneaquatics.org or call 860-561-8270.



Follow us on Facebook
www.facebook.com/cornerstoneaquaticscenter/



MEMBERSHIP OPTIONS

Platinum Membership

- Designed for those who come more frequently
- Unlimited access to three pools, fitness room and fitness studio
- Complimentary access to most fitness classes
- Discounted rates and priority registration for programs and swim lessons
- Complimentary access to West Hartford's outdoor pools
- 10 free guest passes per year

Gold Membership

- Geared for those who swim less often
- Pay a discounted entry fee each time you visit
- Access to the facility during designated Gold Member hours
- Complimentary access to most fitness classes
- Discount rates and priority registration for programs and swim lessons.

Temporary Membership

Only visiting? We have temporary memberships that range from 3 days to 6 weeks. Our temporary memberships entitle you to unlimited access to Cornerstone during all hours of operation.

Day Passes

Just coming in for the day? Single day passes are also available. Please note that day passes may be limited if the facility is at or near capacity. Please call to confirm availability.

Platinum Membership

Weekdays	Saturday	Sunday
6 a.m.–9 p.m.	7:30 a.m.–8 p.m.	1 p.m.–8 p.m.

Gold Membership

Weekdays	Saturday	Sunday
7 a.m.–3 p.m. 7 p.m.–9 p.m.	12 p.m.–8 p.m.	1 p.m.–8 p.m.



The Cornerstone Team led by General Manager, Michael Kerrigan.

Operated by HealthFitness, a Trustmark Company. HealthFitness' mission is "We are dedicated to improving the health and well-being of the people we serve."

HealthFitness.
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